



# Ysbyty Gwynedd surgery first



By GEOFF ABBOTT  
geoff.abbott@nwn.co.uk

**SURGEONS** at Ysbyty Gwynedd have adopted a pioneering method for strengthening abdominal arteries without the need for major surgery.

A specialist team carried out the procedure known as an endo vascular aneurysm repair (EVAR) recently for the time at the hospital and said it was very successful and halve the time patients needed to stay in hospital and recover.

Previously patients would have had to travel to Liverpool to undergo the procedure but they will now be offered EVAR at Ysbyty Gwynedd if it is appropriate to them.

Patients who undergo the procedure are in hospital for a

much shorter length of time, usually 72 hours compared to a possible 10 days with a more traditional open repair.

The recovery time is also a lot quicker as the procedure involves smaller incisions as the surgery is less invasive and complications are less common.

The EVAR method introduces a strengthening tube through the arteries in the groin area. Blood will then flow through the tube without touching the artery wall outside it. The procedure usually takes around two hours and is performed under general anaesthetic.

Dr Kakali Mitra, consultant radiologist at the North West Wales NHS Trust said: "The first procedure has been successful and we hope that many of our patients may benefit from this more modern approach. This is achieved by bringing a multi-skilled team

together and we are delighted that we are able to dramatically reduce the impact on patients in terms of hospital stays and recovery time."

"Each patient is individually assessed and not all aneurysms are suitable for EVAR. In these cases, the traditional method of an open operation will continue to be available for patients" said Dean Williams, consultant vascular surgeon.

Dr Paul Birch, executive medical director at the North West Wales NHS Trust said: "We are very pleased to be able to offer this procedure at Ysbyty Gwynedd.

"It is a major advance offering patients a less invasive option, a more rapid recovery time and also removing the need for patients to travel long distances to receive treatment."

Consultants Kakali Mitra, Dean Williams and Hugh Godfrey who carried out the procedure with the type of stents used

## Humberts

incorporating  
TAYLER & FLETCHER

STOW-ON-THE-WOLD  
ANNUAL SALE OF

5000 TONNES

of

HAY, STRAW AND FODDER

in conventional and big bales situated on

Farms and Estates in

Gloucestershire, Warwickshire,

Worcestershire and Oxfordshire

FRIDAY 28th NOVEMBER 2008

Sale at 12 noon

Catalogues online at [www.humberts.co.uk](http://www.humberts.co.uk)

or from the Auctioneers

The Square, Stow-on-the-Wold

Glos. GL54 1BL

(Tel. 01451 830383)

Further Sales

FRIDAY 9th January 2009

(56th GREAT ANNUAL SALE)

FRIDAY 6th FEBRUARY 2009

FRIDAY 6th MARCH 2009

## Aled meets a talented youngster

A RISING talent in a land down under has been taking tips from one of Wales's biggest exports.

Siobhan Owen, 15, was born in the Bangor and lived in Llanfair PG before her family emigrated to Australia.

And, after a number of live performances and radio appearances, she was invited backstage to meet fellow North Walian Aled Jones.

Jones, currently touring Australia, met Siobhan and her parents Arthur and Sheila, following his first show in Adelaide.

Sheila said: "Aled was wonderful both on and off stage, he really is a marvellous singer and entertainer and has a lovely personality. He encour-

aged Siobhan to keep singing and promised he'd listen to her CD when he got back to his Melbourne base."

Siobhan's CD, Purely Celtic, was recorded earlier this year, and 2009 promises to be even bigger for Siobhan, who has recently been accepted to open the Australian Celtic festival

in Glen Innes.

She will kick off the festival in new South Wales with a performance of the Welsh national anthem.

For more, visit [www.siobhanowen.com](http://www.siobhanowen.com), [www.myspace.com/siobhanowen](http://www.myspace.com/siobhanowen) and [www.australiancelticfestival.com](http://www.australiancelticfestival.com).



Siobhan Owen meets Aled Jones

## Short takes

### Santa's early start

SANTA Claus and his elves are starting their Christmas duties early this year, as the NSPCC launches its letter from Santa fundraising appeal, supported by Hotpoint. For a suggested donation of just £5, parents, grandparents, families and carers can support the children's charity and sprinkle some magic into a child's Christmas by arranging for a personalised letter from Santa to be delivered to their front door.

To receive a letter from Santa for a child you know, you can order online now at [www.nspcc.org.uk/santa](http://www.nspcc.org.uk/santa) or call 029 2026 7008.

### Antiquarians meet

THE Anglesey Antiquarians Society will hold an autumn meeting at Stone Science, Talwrn, on November 21 at 7.30pm.

The evening guest lecturer will be, Eflyn Owen Jones on, "Llyn Cerrig Bach, a personal story.

For more, visit the website [www.hanes-mom.btinternet.co.uk](http://www.hanes-mom.btinternet.co.uk).

### Galeri award

GALERI Caernarfon has been recognised as a Welsh businesses that really makes a difference to our environment.

The facility was presented with the resource efficiency award - waste, raw materials and utilities (fewer than 50 employees) by Jane Davidson, AM, minister for environment, sustainability and housing during a special ceremony at the Senedd in Cardiff Bay on Monday.

## DVD packs a punch

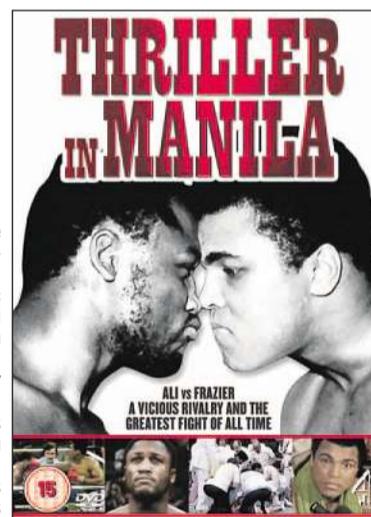
THE Thriller in Manila was the conclusion of one of the greatest boxing rivalries in history, and now the tale of the epic battle between Muhammad Ali and Joe Frazier is told in full in a great new DVD.

The compelling documentary charts the vicious feud, entwined with the racial politics of 1970s America, which formed between Ali and Frazier, and led to their most-famous fight in 1975 in the Philippines - the third and final confrontation between two friends-turned-bitter rivals.

The story of the bitter and intense rivalry surrounding what is now considered the greatest ever boxing match in history is released exclusively by 4DVD on Monday.

Two Chronicle readers can get their hands on a copy in this great competition.

For your chance to win a copy, simply answer the following:  
Muhammed Ali's opponent in



Manila was Joe Frazier, but who did Ali fight a year earlier during the Rumble in the Jungle?

- A: George Foreman
- B: Sonny Liston
- C: Ken Norton

Send your answer to Boxing competition, North Wales Chronicle, 302 High Street, Bangor, Gwynedd, LL57 1UL or email [alexander.ballard@nwn.co.uk](mailto:alexander.ballard@nwn.co.uk), by Wednesday, November 19; usual competition rules apply.

Ti 'di clywed?

Mae Meinir wedi newid i Champion 103

Wyt ti?

Meinir Gwilym bob Dydd Sadwrn a Dydd Sul o 12 o'r gloch

champion

103FM - ARLEIN